

ADDITIONAL NOTES

CERTIFICATION MARK (CM) RENEWAL 2008/09

Requirements for all teachers:

- All Iyengar yoga teachers are required to complete 25 hours of Iyengar yoga tuition annually to renew the Certification Mark (CM or sub-licence)
- It is recommended that your Iyengar yoga teacher has a more senior Iyengar yoga qualification or more Iyengar yoga teaching experience than yourself
- If you are unable to comply you should contact the main IYA (UK) office and your circumstances will be considered on an individual basis
- Specialised Training is considered to be an important part of a teacher's tuition hours and a record will be kept of any such training completed
- Teachers based in other countries are exempt from the specialised training requirement if such training is not available in the country in which they live, but they must complete at least 25 hours of Iyengar yoga tuition.

The Specialised Training requirement for 2007/08 has changed for Introductory teachers as follows:

(Executive Council, September 2007)

- It is no longer compulsory for Introductory teachers to complete the 5 hours Specialised Training as part of the 25 hours tuition. However, it is **highly recommended** that Professional Development Days are still attended and the hours will count as part of the 25 hours.

Newly Qualified Teachers (NQT)

Completion of an Iyengar yoga teacher training course counts for your 25 hours tuition for your first membership year and is also classed as specialised training. You should tick the appropriate box on the renewal form.

The Specialised Training requirement *has not changed* for Intermediate Junior and Senior teachers as follows:

- To complete at least one day (or five hours) of specialised training, every other year.
- If you have not completed any specialised training since March 2006, you will need to contact the main IYA (UK) office, and your circumstances will be considered on an individual basis.

Specialised Approved Training for 2008/09

1. RIMYI (Attendance at general classes at the Iyengar Institute in Pune)
2. Professional Development (PD) Day
3. Stephanie Quirk Therapeutic course – or another therapeutic course (see NOTE)

NOTE: If you have attended any therapeutic course with a teacher **approved** to run such a course by BKS Iyengar please give details on a separate sheet and include with your form. If you renew on line you will need to send the details to the main office by e-mail.

In addition (for 2007/08):

1. Attendance at the Teachers' Day at the IYA (UK) 2007 Convention (see NOTE)

NOTE: There will be no Teachers' Day at the 2008 convention